

## **ABSTRAK**

### **PENINGKATAN KESEJAHTERAAN KELUARGA MELALUI PROGRAM MBG DI DESA BAGELEN KECAMATAN GEDONG TATAAN KABUPATEN PESAWARAN**

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Peningkatan kesejahteraan keluarga PKH melalui program Makan Bergizi Gratis (MBG) di Desa Bagelen Kecamatan Gedong Tataan Kabupaten Pesawaran masih menghadapi permasalahan belum optimalnya penyediaan kebutuhan pangan bergizi bagi sebagian Keluarga Penerima Manfaat (KPM) Program Keluarga Harapan (PKH), terutama anak-anak usia sekolah yang berpotensi mempengaruhi kesehatan, pertumbuhan, dan kemampuan belajar. Penelitian ini bertujuan untuk menganalisis pelaksanaan program MBG, menganalisis dampaknya, dan mengidentifikasi kendala dalam pelaksanaannya dengan menggunakan pendekatan Teori Struktural Fungsional Talcott Parsons. Penelitian ini menggunakan metode kualitatif dengan pendekatan deskriptif melalui teknik observasi, wawancara mendalam, dan dokumentasi. Hasil penelitian menunjukkan bahwa program MBG memberikan manfaat yang signifikan bagi Keluarga Penerima Manfaat (KPM) PKH, terutama dalam pemenuhan gizi anak, pengurangan beban rumah tangga, serta dukungan terhadap proses belajar di sekolah. Pelaksanaan program MBG di Desa Bagelen telah memberikan dampak positif terhadap peningkatan kesejahteraan keluarga PKH, terutama dalam penyediaan gizi dan pengurangan beban ekonomi. Namun, keberhasilan program masih bersifat parsial dan belum sepenuhnya berkelanjutan karena adanya kendala struktural, kultural, dan manajerial. Diperlukan peningkatan koordinasi, validitas data, dan pengawasan untuk mengoptimalkan fungsi program dan mencapai tujuan kesejahteraan keluarga secara menyeluruh.

**Kata Kunci: Peningkatan Kesejahteraan Keluarga, Program Makan Bergizi Gratis (MBG), Program Keluarga Harapan (PKH), Struktural Fungsional, Implementasi Program**

## **ABSTRACT**

### **IMPROVING FAMILY WELFARE THROUGH THE MBG PROGRAM IN BAGELEN VILLAGE, GEDONG TATAAN DISTRICT, PESAWARAN REGENCY**

**By**

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*Improving the welfare of PKH families through the Free Nutritious Meals (MBG) program in Bagelen Village, Gedong Tataan District, Pesawaran Regency, still faces the problem of suboptimal provision of nutritious food needs for some Beneficiary Families (KPM) of the Family Hope Program (PKH), especially school-aged children, which has the potential to affect health, growth, and learning abilities. This study aims to analyze the implementation of the MBG program, analyze its impact, and identify obstacles in its implementation using Talcott Parsons' Structural Functional Theory approach. This study uses a qualitative method with a descriptive approach through observation techniques, in-depth interviews, and documentation. The results of the study indicate that the MBG program provides significant benefits for PKH Beneficiary Families (KPM), especially in fulfilling children's nutritional needs, reducing household burdens, and supporting the learning process at school. The implementation of the MBG program in Bagelen Village has had a positive impact on improving the welfare of PKH families, especially in providing nutrition and reducing economic burdens. However, the success of the program is still partial and not fully sustainable due to structural, cultural, and managerial constraints. Improved coordination, data validity, and oversight are needed to optimize program functions and achieve overall family welfare goals.*

**Keywords: Improving Family Welfare, Free Nutritional Meal Program (MBG), Family Hope Program (PKH), Functional Structure, Program Implementation**