

Lampiran 1

Data Penelitian

No	Inisial Nama	L/P	Kelentukan	Kekuatan Lengan			Kekuatan tungkai	Panjang lengan	Panjang tungkai	Kemampuan kayang
				Pull	Push	Rata-rata				
			cm	kg			kg	cm	cm	poin
1	Purwoko	L	27	19	21	20	18	65	95	3
2	Nirwana	L	47	30	30	30	30	70	100	4
3	Tisya	P	20	13	17	15	16	69	99	1
4	Ibnu	L	47	30	32	31	29	62	101	5
5	Anjani	P	42	31	35	33	34	70	100	4
6	Rafeliani	P	39	33	17	25	21	68	98	4
7	Tesa	P	46	33	37	35	36	67	97	4
8	Reza	L	33	11	35	23	29	71	92	3
9	Zahra	P	16	19	31	25	28	71	92	2
10	Devi	P	24	39	17	28	23	67	97	2
11	Purwandi	L	30	31	35	33	34	71	101	3
12	Astrid	P	43	40	50	45	48	74	104	5
13	M. Iqbal	L	43	26	34	30	32	77	107	4
14	Desti	P	16	29	13	21	25	66	96	2
15	Baruna	L	48	62	12	37	17	72	95	3
16	Ludia	P	30	10	20	15	18	66	96	3
17	Rivaldo	L	28	34	32	33	33	71	98	3
18	Senja	P	39	34	22	28	25	71	92	3
19	Bagus. P.	L	51	30	30	30	30	60	107	5
20	Meri	P	42	33	17	25	21	69	99	4
21	Fajri	L	37	23	37	30	34	61	105	5
22	Rohmat	L	48	35	45	40	43	65	95	5