ABSTRACT
PENGUTEN SIGEH DANCE LESSONS IN EXTRACURRICULAR ACTIVITIES IN SMA PERINTIS 2 BANDAR LAMPUNG

By
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Formulation of the problem in this research is the planning, process and assessment of learning of sigeh penguten dance in extracurricular activities in high school perintris 2 Bandar Lampung. This study aimed to describe the learning and learning outcomes of sigeh penguten dance in high school extracurricular activities at Perintis 2 Bandar Lampung. This study uses field studies and literature. The approach taken in this research is descriptive qualitative. Sources of data in the study were 7 students and teachers. Data collection techniques used in this research is observation, interviews, documentation and testing practices. The research instrument using manual observation, documentation guide, practice tests. The instruments used in the study is an indicator of sigeh penguten dance wiraga, wirama, and wira.

Learning of sigeh penguten dance showed that during the learning process, which lasted for eight meetings, teachers using three methods, namely modeling, demonstrations, and exercises. Modeling method is learning dance with teachers sigeh penguten become a model to demonstrate the dance movement, the demonstration is to demonstrate the variety of sigeh penguten dance and ask students to follow together, and exercise is by every student together of sigeh penguten dance.

Learning outcomes of students towards learning of sigeh penguten dance in extracurricular activities are included in the category of "good" at the time of assessment of sigeh penguten dancing.

Key words: Teaching, extracurricular, sigeh penguten of dance.