This study aims to find out the changes in social and culture and belief derived from culinary tradition, namely Nyeruit. Besides, this study also aims to discuss based on ecology theory, that the event occurred is caused by the environmental change that affects various utensils and ingredients of Nyeruit tradition today. This research is conducted based on ecology method through qualitative approach toward the people at Kedamaian sub-district. There are eight informants interviewed to collect the data. The results of this study shows two important points that: 1) Nyeruit together with big families or close siblings is believed that it can trigger the spirit and happiness since Nyeruit is a way to gather and maintain the relationship, 2) Although environmental change may alter the utensils and ingredients for Nyeruit, it can always be preserved since it has become basic culinary tradition for Lampungnese people at Kedamaian. In conclusion, Nyeruit is preserved since it can trigger the spirit and happiness of Lampungnese people at Kedamaian.

Key Words: Nyeruit, Food Belief, Ecology Theory, Lampungnese.