ABSTRACT
THE LEARNING VARIETY DANCE OF BEDANA BY USING TRAINING METHOD (DRILL) IN VII.1 CLASS SMP NEGERI 4 GUNUNG SUGIH CENTRAL LAMPUNG ACADEMIC YEAR 2014/2015

By
Zeny Putri Sanjaya

The purpose of the research was to describe the process and the outcomes of learning using training method. The researcher used descriptive qualitative research design. Population and the samples of the research were the teacher and 33 students grade VII.1 of SMP Negeri 4 Gunung Sugih. Techniques that were used to collect the data were observation, interview, practice test, and non-practice test. The learning theory is behavior. The researcher applied training method on the learning of bedana dance movement from the first meeting to the end of the research. The step when using training method in bedana dance learning process at grade VII.1 that teachers didn’t prepare class first, then notify the purpose of learning to students before delivering material, to actively involve students in learning by helping their peers and express opinions if experience difficulties, conduct training activities together with teachers and groups, and conclude learning outcomes. In the learning process is comprised of aspects of motor skills, which is at least the students are able to imitate the range of motion taught by teachers, and students are not forced to be able to dance at that time. Aspects of intellectual abilities that students are given the opportunity to practice repeating the range of motion that has been studied and expected students were able to memorize the range of motion that has been taught.

Keyword: Learning, Training Method, Bedana Dance.