

## **ABSTRACT**

### **The Correlation between Stress and Students' Burden of Clinical Clerkship on Surgery Section at Public Hospital Dr. H. Abdul Moeloek Bandar Lampung**

By  
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Students of university take part as society of academicians in university that will likely lead the nation in the future. Yet, burden or workloads that students must bear becomes problematic and it may cause to severe psychological consequences. Stress is a manifestation of human adjustment towards anything in their life. Stress it self is devided into two terms; eustress or positive stress, and distress or negative stress. There are several possible stressors, like; over workloads, burden of protecting other human beings, role and role conflict. Medical students typically have a higher stressor than the general students. They have stages from preclinical to clinical clerkship. In clinical clerkship particularly on surgery section, the students are required to comprehend certain medical specialties as well as other cognitive issues; all of them may end up stress. This reseach aims at finding out whether there is correlation between stress and students's workloads of clinical clerkship on surgery section of Public Health Hospital Dr. H. Abdul Moeloek Bandar Lampung

This research was done for 2 phases on surgery section with 60 respondents. The measurement was done in the 8th week. During the research, the respondents received an informed consent and questionnaire about SRQ-20 (Self Reporting Questionnaire) and SDS (Survei Diagnosis Stres). Prior to delivering the questonnaires, the researcher explained the objectives of the questionnaire and also its benefits.

The result revealed that out of 60 respondents, there was an important correlation between stress and students' workload quantitatively and qualitatively, besides a burden of protecting other human beings.

**Keywords:** students of clinical clerkship on surgery section, stress, SRQ-20, SDS