ABSTRACT

RELATIONS BETWEEN MOTHER’S ACTIVENESS IN POSYANDU ACTIVITY AND BABIES DIETARY HABITS TO TODDLERS NUTRITIONAL STATUS IN RAJABASA RAYA REGION RAJABASA DISTRICTS BANDARLAMPUNG CITY

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Posyandu is a community empowerment strategic to the development of public health because its directly involves the community in every health sector including nutrition toddlers problems. Nutrition problems in toddlers influenced by various factors, not only directly but also indirect causes. This study aims to know the relations between mother’s activity in posyandu and babies dietary habits to toddlers nutritional status in Rajabasa Raya Region Rajabasa Districts Bandar Lampung City.

This study used analytic descriptive research with cross sectional approach 175 respondent samples were taken using consecutive sampling. Mother’s activity were rated with questionnaire and controlled by KMS book, babies dietary were rated by FFQ questionnaire and nutritional status were rated by anthropometric by BB/U indicator. This study analyzed by univariat and bivariat with chi-square test (α = 0,05).

The result showed mothers join in Posyandu actively (66,3%), with good food intake (73,7%) and good nutritional status (71,4%). It showed that there were relations between mother’s activity in posyandu and babies dietary habits to toddlers nutritional status in Rajabasa Raya Region Rajabasa Districts Bandar Lampung City (p<0,001) and there were relations between baby dietary habits with nutritional status of toddlers (p<0,001).

The conclusion is there were relations between mother’s activity in posyandu and babies dietary habits to toddlers nutritional status in Rajabasa Raya Region Rajabasa Districts Bandar Lampung City.

Key Words: Diet, mother’s activity, nutrition status, posyandu, toddlers.