ABSTRACT

“RELATED FACTORS TO PARENTING STRESS IN MOTHERS OF CHILDREN WITH MENTAL RETARDATION AT EXTRAORDINARY SCHOOL C DHARMA BHAKTI DHARMA PERTIWI”

BY

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Background: Parenting stress is defined as a set of processes that bring on unwelcome psychological condition that arise in an attempt to adapt to the guidance of parenthood. Then parenting of children with mental retardation is not an easy thing because parents often have to deal with a stressful situation due to the demands in the parenting process more heavier. The purpose of this study was to determined the factors associated with parenting stress in mothers of children with mental retardation. Method: This study use observational method with cross sectional design in September and October 2015 at extraordinary school Dharma Bhakti Dharma Pertiwi. Operational model of this study used the Parenting Stress Index (short form) to describe parenting stress and Suportive Environment Scale (SES) to describe mother’s social support. This study was held among 88 mothers of children with mental retardation. Result: Factors that was no significant correlation between parenting stress is child age and gender. Then there was significant correlation between parenting stress is child level of mental retardation, mother age, occupation, income, education and social support. Conclusion: Among these factors, child level of mental retardation is the most influential to parenting stress.

Keywords: mental retardation, parenting stress, social support.