

ABSTRACT

RELATIONS BETWEEN COPING MECHANISM AND RESULTS OF BASIC SCIENCE 1 END BLOCK EXAM OF STUDENTS CLASS OF 2015 FACULTY OF MEDICINE UNIVERSITY OF LAMPUNG

By

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Coping Mechanism defined as behavior that is used by individuals in overcoming problems that can cause stress by evading, avoiding and reducing stress or by completing and seeking social support. There are two kinds of coping mechanism; problem solving focused coping and emotion focused coping. Problem solving focused coping is coping strategy that focuses on solving problems (stressor), while emotion focused coping is ignoring stressors to overcome for temporary. This study aims to determine whether or not the relationship between Coping Mechanism with learning outcomes on students class of 2015, Faculty of Medicine, University of Lampung.

This study was conducted on November 2015 in the Faculty of Medicine, University of Lampung with observational analytic method and cross sectional approach. There are a total of 190 respondents which based on total sampling. The questionnaire consisted of 32 questions, 16 questions about problem solving focused coping and 16 questions about emotion focused coping. Student learning outcomes are measured by the results of Basic Science 1 End Block Exam.

Students class of 2015, Faculty of Medicine, University of Lampung using coping mechanism that is almost as much between problem solving focused coping (59,5%) and emotion focused coping (40,5%). There was no significant relationship between coping mechanism with the results of Basic Science 1 End Block Exam.

Keywords: emotion focused coping, problem solving focused coping