ABSTRACT

RELATION OF MATERNAL EDUCATION LEVEL AND KNOWLEDGE OF EXCLUSIVE BREAST FEED WITH EXCLUSIVE BREASTFEEDING HISTORY IN RSIA BUNDA ASY-SYFA BANDAR LAMPUNG 2013

By:

Atsilah Ulfah

The exclusive breastfeeding give a great advantage. Not only to the infant, exclusive breastfeeding provide great advantage to mother as well. Unfortunately, the percentage of exclusive breastfeeding in Indonesia is extremely low, especially in Bandar Lampung. There are so many factor affect the low percentage of exclusive breastfeeding distribution, one of them is mother behavior. In a concept of behavioral science, behaviour contain of many aspect including educational level and knowledge.

This research intends to determine relation of education level and knowledge about exclusive breastfeed with exclusive breastfeeding history in RSIA Bunda Asy-Syfa Bandar Bampung. This research is an analytics study with cross sectional approach. Population in this research is every hospitalization patient and outpatient in RSIA Bunda Asy-Syifa Bandat Lampung in November and December 2013. Amount of the sample are 73 mothers which choosen with consecutive sampling method. Knowledge and education level determined with quesionnaire.

From the statistical analitics with Chi Square, the result shows $p = 0.003$ for knowledge about exclusive breastfeed and exclusive breastfeeding, whereas the result for education level and exclusive breastfeeding shows $p = 0.029$. The analitical result conclude that there is significant relation of education level ($p < 0.05$) and knowledge about exclusive breast-feeding ($p < 0.05$) with exclusive breastfeeding history.

Keywords: knowledge, education, exclusive breastfeeding