

ABSTRACT

The Relationof exclusive breastfeeding to nutritional status of 0-6 months infants in Rajabasa Bandar Lampung health center area.

By

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Breastmilk is the ideal food for baby growth. Exclusive breastfeeding is very useful in the nutrition fulfillment and infant protection against disease. The aim of this research was to determine the relationship of giving exclusive breastfeeding to nutritional status of 0-6 months infants in Rajabasa Bandar Lampung health center area.

The design of this study was analytic observational design with cross sectional approachment. This study was held in Rajabasa health center, Bandar Lampung city, during november-december. In this study, there were 70 respondents as sample. Sampling technique is done byusing disproportionate stratified random sampling.Data were analyzed by using univariate and bivariate statistic. In this study, statistical test wasusing chi-square test.

The result showed that 70 % of respondents were on 20-30 years old, 82,86 % worked as housewife, 42,86% respondents were high school graduates and including high educational person. There were 45,71% of child which is exclusive breastfeeding and 54,29% of child which hasn't exclusive breastfeeding. From bivariate statistic analysis showed that there are significant association between giving exclusive breastfeeding to nutritional statusin Rajabasa Bandar Lampung health center area with p score $< 0,035$.

Keyword : Exclusive breastfeeding, nutriotional status, infants.