ABSTRACT

THE CONNECTION BETWEEN SPEED, AGILITY, AND LEG MUSCLE STRENGTH AGAINTS DRIBBLING SKILLS IN FOOTBALL

By;

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The research has purpose to know contribution speed, agility, and leg muscle strength against dribbling skills in football at the grade 8 student son SMP Abdi Perkasa PT Indolampung Perkasa Tulang Bawang. Research methodology is used descriptive correlational student population is grade 8 son SMP Abdi Perkasa. Data collection techniques with one shoot model and data analysis correlation product moment. Based on these result can be obtained results coefficient of correlation between the speed with dribbling skills further by 16.08 percent, coefficient of correlation between agility with dribbling skills by 22.54 percent, coefficient of correlation between leg muscle strength with dribbling skills by 10.33 percent. Analysis of the results it can be concluded that the variable agility has a greater connection in comparison with other variables to dribbling skills, variable speed and leg muscle strength also has significant correlation to the dribbling skills at the grade student son.

Keywords: Speed, Agility, Leg Muscle Strength, Dribbling Skills In Football