

ABSTRAK

PENGEMBANGAN BAHAN AJAR SUB TEMA MAKANANKU SEHAT DAN BERGIZI BERBASIS *PLOBLEM BASED LEARNING* PADA SISWA KELAS IV SD

**Oleh
Kikin Nurfitri**

Tujuan penelitian ini mengembangkan bahan ajar yang *valid*, praktis, dan efektif. Uji coba dilakukan kepada 30 siswa dari jumlah populasi keseluruhan 58 siswa kelas IV SD. Penelitian ini menggunakan teknik pengumpulan data dan teknik analisis data secara kualitatif dan kuantitatif. Hasil penelitian menunjukkan bahwa bahan ajar sub tema makananku sehat dan bergizi berbasis *problem based learning valid*, praktis dan efektif untuk digunakan .

Kata kunci : bahan ajar makananku sehat dan bergizi, *ploblem based learning*.

ABSTRACT

DEVELOPING OF MY HEALTHY AND NUTRITIOUS FOOD TEACHING MATERIALS BASED ON PLOBLEM BASED LEARNING OF FOURTH GRADE STUDENT IN ELEMNTARY SCHOOL

**By
Kikin Nurfitri**

This study aims to determine (1) the validity of developing, (2) the practicality, (3) effectiveness of my healthy and nutritious food teaching materials based on problem based learning in fourth grade students of elementary school.

This research is a research and development carried out with seven steps, namely potential and problem analysis, collecting information, product design, design validation, design revision, product trials, and product revision. Validation is done by one material expert and one media expert. The experiments carried out were practicality trials and effectiveness trials conducted on 30 fourth graders of elementary school which was an experimental class. Data collection using a media assessment sheet, a questionnaire of practicality, and a test of students' cognitive learning outcomes. Data analysis technique used is validation sheet analysis, practicality questionnaire analysis, and gain value analysis and t test for determining the effectiveness of teaching materials developed.

The results showed that my healthy and nutritious food teaching materials based on problem based learning supported the science learning materials with the theme of my healthy and nutritious food learning (1) valid from the material and media aspects with very good criteria both from material and media aspects based on expert's assessment , (2) practical to use of students in learning based on the results of practical trials conducted by students, (3) effective in improving student learning outcomes which can be seen from the high gain value and the result of t test showing that the teaching material is effective to used.

Keywords: my healthy and nutritious food teaching materials, ploblem based learning.