

ABSTRAK

PERANAN KOMUNIKASI ANTARPRIBADI INSTRUKTUR MUSIK DALAM MEMBENTUK SIKAP POSITIF MURID PENDERITA *DOWN SYNDROME* MELALUI PROGRAM *RHYTHM THERAPY* (Studi Pada Gilang Ramadhan Studio Band Solo Grand Mall)

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Musik diyakini mempunyai pengaruh terhadap pengobatan untuk kesehatan mental, masalah psikologis dan membantu proses penyembuhan seperti penyakit *down syndrome*. Penderita *down syndrome* pada umumnya bermasalah dengan cara berkomunikasi, perilaku dan emosi yang labil. Hal ini membuat peneliti tertarik melakukan penelitian dengan tujuan untuk mengetahui peranan komunikasi antarpribadi instruktur musik dalam membentuk sikap positif murid penderita *down syndrome* melalui program *rhythm therapy* di Gilang Ramadhan Studio Band Solo Grand Mall. Teori yang digunakan adalah teori pendekatan humanistik (Devito). Penelitian ini menggunakan tipe penelitian kualitatif dengan teknik pengumpulan data melalui wawancara mendalam dan observasi dengan para informan. Hasil penelitian ini adalah pesan non-verbal menjadi pendukung pesan verbal instruktur untuk membuat murid penderita *down syndrome* memahami makna pesan yang disampaikan. Lima aspek pendekatan humanistik berperan dengan baik sehingga membuat murid penderita *down syndrome* mengalami pembentukan sikap positif melalui program *rhythm therapy*.

Kata kunci : *Down Syndrome*, Komunikasi Antarpribadi, Pendekatan Humanistik, Instruktur Musik, *Rhythm Therapy*.

ABSTRACT

THE ROLE OF INTERPERSONAL COMMUNICATION MUSIC INSTRUCTOR IN BUILDING POSSITIVE ATTITUDE OF DOWN SYNDROME-SUFFERED STUDENTS THROUGH RHYTHM THERAPY PROGRAM (Study Held in Gilang Ramadhan Studio Solo Grand Mall)

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Music have been proven as a medical therapy for mental health, psychology and yet believed in helping the healing process of down syndrome-suffered people who usually has problems in their communication way and unstable attitude and emotion. This fact led researcher to do a research which aim to know the influence of personal communication between music instructor and down syndrome-suffered students in building their positive attitude through rhythm therapy program held in Gilang Ramadhan Studio Band Solo Grand Mall. Humanistic approach theory (Devito) is used to guide this research. This is a qualitative research with data collecting technique through personal interviews and observations by human resources. A result of this research is that non-verbal message becomes big support to music instructor's verbal message in helping down syndrome-suffered students to understand the messages delivered. Five aspects of humanistic approach really did its functions well in helping down syndrome-suffered students in building their positive attitude by the using of rhythm therapy program.

Key Words : Down Syndrome, Interpersonal Communication, Humanistic Approach, Music Instructor, Rhythm Therapy.