ABSTRACT

DEVELOPMENT OF PHYSICAL HEALTHY TEACHING MODEL THROUGH GAME APPROACH AT STUDENT OF SEVENTH GRADE OF JUNIOR HIGH SCHOOL AT PESAWARAN

By

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The objectives of research are: (1) to describe potency and condition usage of physical education teaching model before doing development, (2) to develop physical education teaching model which it is, (3) to analyze the effectiveness physical healthy learning after using physical healthy teaching model, (4) to analyze the efficient physical healthy learning after using physical healthy teaching model, and (5) to analyze the interesting of physical healthy teaching model in physical healthy learning.

This research used research approach and development. This research was done at Junior High Schools are 4 Gedongtataan, Junior high schools are 3 Negerikaton, and Junior high schools are Satap Satu Waylima. To collecting the data used test and questionnaires. The data of research was analyzed by deskriptive quantitative and N Gain.

The conclusion of research are: (1) to produce physical healthy teaching model consists of (a) steps of learning/ syntax, (b) syllabus, (c) lesson plan, (d) materials, and (e) games in physical healthy,(2) physical healthy teaching model was used in physical healthy learning is effective because the N Gain score increased to 0,60, (3) physical healthy teaching model which is used in physical healthy learning is efficient because efficient ratio score was 1,4 is greater than 1, and (4) physical healthy because the average of score was 3,59 (very interesting).

Key words: teaching model, physical healthy, games.