

## **ABSTRAK**

### **PENERAPAN METODE SUGGESTOPEDIA DALAM PEMBELAJARAN SENI TARI DI SMP NEGERI 4 METRO**

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*Suggestopedia* berasal dari kata *suggestology*, yaitu ilmu tentang pengaruh-pengaruh *nonrational* dan/ atau *nonconscious* pada manusia. Lozanov percaya bahwa otak manusia mampu memproses sejumlah banyak materi apabila diberikan kondisi yang tepat untuk belajar, di antaranya relaksasi dan pemberian kontrol dan otoritas pada guru. Penerapan metode *suggestopedia* dalam pembelajaran tari dilakukan dengan merileksasikan siswa sehingga siswa menjadi siap untuk belajar. Metode *suggestopedia* juga bertujuan untuk membebaskan pikiran siswa dari asumsi negatif siswa terhadap sulitnya belajar. Penerapan metode *suggestopedia* di SMP Negeri 4 Metro dilakukan untuk melihat hasil belajar siswa dengan teori *suggestology*. Penelitian berjenis penelitian deskriptif melalui pendekatan kualitatif dengan mengamati secara langsung proses dan hasil pembelajaran tari *bedana lunik* dengan penerapan metode *suggestopedia*. Data yang diperoleh dilakukan dengan observasi wawancara dan dokumentasi kemudian dilakukan analisis data dengan reduksi data, penyajian dan verifikasi. Hasil penerapan metode *suggestopedia* diukur dengan lembar hasil penerapan metode *suggestopedia* yang terorientasi pada situasi belajar dan hafalan gerak siswa. Hasilnya menunjukkan penerapan metode *suggestopedia* dikatakan baik untuk situasi belajar dan hafalan gerak siswa.

**Kata kunci :** Kondisi belajar, *Suggestopedia*, Tari *bedana lunik*

## ***ABSTRACT***

### ***APPLICATION OF SUGGESTOPEDIA METHODS IN LEARNING DANCE ARTS IN SMP NEGERI 4 METRO***

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*Suggestopedia comes from the word suggestology, which is the knowledge of nonrational and / or nonconscious influences on humans. Lozanov believes that the human brain is able to process a lot of material when given the right conditions for learning, including relaxation and giving control and authority to the teacher. The application of the suggestopedia method in dance learning is done by relaxing students so that students become ready to learn. The suggestopedia method also aims to free students' minds from negative assumptions about learning difficulties. The application of the suggestopedia method at Metro 4 State Junior High School was conducted to see the students' learning outcomes with the suggestology theory. this type of research is descriptive through a qualitative approach by directly observing the process and results of learning bedana lunik dance by applying the suggestopedia method. Data obtained by observation of interviews and documentation and then performed data analysis with data reduction, presentation and verification. The results of the application of the suggestopedia method are measured by the results sheet of the application of the suggestopedia method which is oriented to the learning situation and the students' rote memorization. The results show the application of the suggestopedia method is said to be good for the learning situation and the students' memorization is said to be very good*

***Keywords:*** Learning conditions, Suggestopedia, Bedana lunik dance.