

ABSTRAK

PENGARUH *NOMOPHOBIA* (*NO MOBILE PHONE PHOBIA*) TERHADAP SIKAP *WITHDRAWAL* PADA SISWA SMA YASMIDA AMBARAWA TAHUN PELAJARAN 2021/2022

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Penelitian ini bertujuan untuk mengetahui hubungan *nomophobia* terhadap sikap *withdrawal* pada siswa SMA Yasmida Ambarawa tahun pelajaran 2021/2022. Penelitian ini menggunakan metode *ex-post facto*. Subjek penelitian sebanyak 105 siswa. Teknik pengumpulan data menggunakan skala *Nomophobia* (NMP-Q) dan angket sikap menarik diri. Hasil analisis data dengan uji regresi linier sederhana, menghasilkan $P \text{ value} = 0,000 < 0,05$, dengan ini berarti bahwa H_0 ditolak dan H_a diterima. Hal ini menunjukkan adanya pengaruh yang signifikan antara *nomophobia* terhadap sikap *withdrawal* siswa yaitu sebesar 22.20%. Penelitian ini terdapat pengaruh yang signifikan antara *nomophobia* (*no mobile phone phobia*) terhadap sikap *withdrawal* pada siswa SMA Yasmida Ambarawa tahun pelajaran 2020/2021.

Kata kunci : *nomophobia, withdrawal, smartphone*

ABSTRAK

THE EFFECT OF NOMOPHOBIA (NO MOBILE PHONE PHOBIA) ON WITHDRAWAL ATTITUDE AT YASMIDA AMBARAWA HIGH SCHOOL YEAR LESSON 2021/2022

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This study aims to determine the relationship of nomophobia to withdrawal attitudes in Yasmida Ambarawa High School students year lesson 2021/2022. This study uses the ex-post facto method. The research subjects were 105 students. The data collection technique used the Nomophobia scale (NMP-Q) and a withdrawal attitude questionnaire. The results of data analysis with a simple linear regression test, resulted in P value = $0.000 < 0.05$, this means that H_0 is rejected and H_a is accepted. This shows that there is a significant influence between nomophobia on students withdrawal attitudes, which is 22.20%. This research there is a significant influence between nomophobia (no mobile phone phobia) on withdrawal attitudes in Yasmida Ambarawa High School students year lesson 2021/2022.

Keywords: nomophobia, withdrawal, smartphone