

ABSTRACT

MANAGEMENT IN LEARNING TO *BEDANA* DANCE EXTRACURRICULAR ACTIVITIES AT JUNIOR STATE 1 BANDAR MATARAM

By

Ike Purnama Sari

The problem in this research is how the implementation of self-management and student learning outcomes in learning *bedana* dance in extracurricular activities at SMP Negeri 1 Bandar Mataram. This study aimed to describe the application of self-management and student learning outcomes in learning *bedana* dance in extracurricular activities at SMP Negeri 1 Bandar Mataram.

This study used a qualitative descriptive method. Source of data in this study were students of class VII-IX which follow extracurricular dance totaling 19 students. Data collection techniques in this study is the observation, interviews, documentation and testing practices. The research instrument used, namely the practice test, student activity sheets and assessment of self-management.

The results of this study based on the application of self-management in *bedana* dance learning can help teachers and students in a set time in the students' learning process to set goals, evaluate progress and strengthening themselves, but the application of self-management is not a measure of student success in the practice test *bedana* dance lessons, the average gain in the value of 63 is sufficient criteria. Based on the test results of the practice with aspects of the motion accuracy, precision counts, and expression obtain an average value of 66 classified in sufficient criteria.

Keywords: assessment, *bedana* dance, learning, self-management.