

ABSTRACT

CORRELATION OF FAMILY SUPPORT AND DEPRESSION IN ELDERLY AT POSYANDU FOR ELDERLY PUSKESMAS KEDATON BANDAR LAMPUNG WORK AREA

BY

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Mental health problems are one of the biggest problems faced by elderly people, especially depression. Psychological factors which can cause depression in the elderly are the type of personality and social support. The most important social support is the support that comes from family.

The purpose of this research is to find out the correlation between the family support and depression in elderly. Methode of this research is an observasional study with cross sectional approach. This research was conducted during October to December 2014 at posyandu for elderly in Puskesmas Kedaton Bandar Lampung Work Area. Population in this research were all of the elderly aged 60 years at posyandu for elderly at Puskesmas Kedaton Bandar Lampung Work Area, with total 202 persons, by proportional random sampling methods. The statistical analysis used in this research is chi-square test.

The results of elderly with low family support are 10.2 % and the elderly with high family support are 89.8 %. Most of elderly at posyandu for elderly Puskesmas Kedaton Bandar Lampung Work Area are not having depression, with the amount 87,8 % and elderly with depression are 12,3 %. The conclusion of this research is there is a correlation of family support and depression in elderly at Puskesmas Kedaton Bandar Lampung Work Area.

Keywords: Depression, Family Support, The Elderly