

ABSTRACT

RELATION BETWEEN NUTRITION KNOWLEDGE, ATTITUDE AND BEHAVIOR OF MOTHER AND TODDLER'S NUTRITIONAL STATUS IN BANJAR AGUNG DISTRICT, TULANG BAWANG REGENCY

By

Siska Karolina Simamora

Toddler's poor nutritional status in Indonesia still quite high. The purpose of this study to know the correlation between knowledge, attitudes and behavior of mothers and toddler's nutritional status in Banjar Agung District, Tulang Bawang Regency in 2014.

This study used survey method with cross-sectional approach. The population in this study were all the mothers with a toddler aged 1-3 years in PHC Tulang Bawang I Banjar District Court Tulang Bawang, that consist of 233 people. Samples were taken by using simple random sampling of 120 samples and conducted in August-December 2014.

The results showed that from the 120 respondents, there were 45.8% had a good knowledge about nutrition and 54.2% had less knowledge about nutrition, good mother's nutrition attitude were about 41.7% and less mother's nutrition attitude were 58.2%, good nutrition behavior were 51.7% and poor nutrition behavior were 48.3%. Based on data analysis, that was performed by using chi – square, showed that were no significant relationship between knowledge of the nutritional status of mothers with toddlers ($p = 0.00$). There was a significant relationship between the attitude of mothers with toddler's nutritional status ($p = 0.003$) and there was a significant relationship between the behavior of mothers with toddler's nutritional status ($p = 0.00$). From the research, the majority of respondents had a poor knowledge, poor attitude and poor behavior.

Keywords : attitude, behavior, knowledge, toddler nutritional status