ABSTRACT

DIFFERENCE IN ANXIETY LEVEL BETWEEN FIRST LEVEL MEDICAL STUDENTS WHO LIVE BOARDER AND LIVING WITH THEIR PARENTS

by

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Anxiety in medical students is quite high, especially in the first year students who live boarder. This study aims to determine the differences in the level of anxiety among first level students who live boarder and living with their parents. This study method use a descriptive-analytic cross-sectional study approach. The subject was 76 first year students which consisting of 38 students who live boarder and 38 students who live with their parents at the Faculty of Medicine, University of Lampung. The instruments used in the measurement of anxiety level is Taylor Manifest Anxiety Scale (T-MAS). The results showed that of the 38 students who live boarder, there are 6 (15.8%) faced mild anxiety, 12 (31.6%) faced moderate anxiety and 20 (50.6%) faced severe anxiety. On students living with their parents, from 38 students are 6 (15.8%) faced mild anxiety and 28 (73.3%) faced severe anxiety. Data were tested statistically by Chi-Square test with $p < 0.05$ that means, there is a significant difference in anxiety level between first level medical students who live boarder and living with their parents. Students who live boarder are more anxious than students who live with their parents.

Keywords: anxiety, boarder, living with their parents, medical students.