ABSTRACT

THE CORELLATION BETWEEN THE LEVEL OF ACADEMIC STRESS AND STUDENT ACHIEVEMENT IN THE FIRST YEAR STUDENT OF BASIC SCIENCE 1 BLOCK FACULTY OF MEDICINE LAMPUNG UNIVERSITY

By

NORDIANSYAH PUTRA

Academic stress is the most common stress experienced by students. Stress academic come from learning environment, learning materials, interaction with peers, talents, abilities and learning behavior. Stress difficult controlled by the student may bring negative impact, whether there are emotional, cognitive and physiological. Cognitive impact will decline learning achievement. The purpose of this study was to determine corellation between the level of academic stress and student achievement in the first year students of basic science 1 block Faculty Of Medicine Lampung University.

The research methods was analytic correlative with cross sectional approach. Object in this study were 233 students of batch 2014 class. The result of the study from 233 subject, 181 students were willing to participate in this study and the remaining 25 in to the exclusion criteria, 27 students were not willing to participate. This study used a questionnaire Depression Anxiety Stress Scale 42 (DASS 42) which has been modified by Purwati (2012) with a Cronbach alpha values (>0.6).

Data were analyzed with corellation spearman test. The result showed that the correlation of both very weak and significance with p= 0.043 ($p <0.05$) and the value of r = -0.150.

Key word: academic stres, cognitive, student achievement, stress