

## ABSTRAK

### PENGARUH MODEL PEMBELAJARAN *SMALL SIDED GAMES* DAN *TEAMS GAMES TOURNAMENTS* TERHADAP KETEPATAN *PASSING* DALAM PERMAINAN SEPAKBOLA DI SMA N 1 KIBANG

OLEH

FERDI FIRMANSYAH

Penelitian ini bertujuan untuk mengetahui pengaruh model pembelajaran *small sided games* dan *teams games tournaments* terhadap ketepatan *passing* dalam permainan sepakbola di SMA N 1 Kibang.

Jenis penelitian yang digunakan adalah kuantitatif dengan metode eksperimen. Populasi berjumlah 224 siswa dan teknik sampel menggunakan teknik *random sampling* dengan jumlah sampel 60 siswa putra. Teknik pengumpulan data yang digunakan adalah dengan teknik tes dan pengukuran berdasarkan hasil tes ketepatan *passing*. Analisis data penelitian menggunakan analisis uji-t.

Hasil penelitian menunjukkan bahwa 1) Ada pengaruh yang signifikan dari model pembelajaran *small sided games* terhadap ketepatan *passing* ( $t_{hitung} = 15,303 > t_{tabel} = 2,045$ ). 2) Ada pengaruh yang signifikan dari model pembelajaran *team game tournament* terhadap ketepatan *passing* ( $t_{hitung} = 15,272 > t_{tabel} = 2,045$ ). 3) Tidak ada perbedaan pengaruh yang signifikan antara model pembelajaran *small sided games* dan *team game tournament* terhadap ketepatan *passing* ( $t_{hitung} 1,104 < t_{tabel} 2,002$ ). Dilihat dari rata-rata tes akhir ketepatan *passing* diperoleh rata-rata kelompok *small sided games* adalah 9,60 dan kelompok *teams games tournaments* adalah 8,93, sehingga dapat disimpulkan bahwa model pembelajaran *small sided games* lebih baik dalam meningkatkan ketepatan *passing* sepakbola di SMA N 1 Kibang dibanding model pembelajaran *teams games tournaments*.

**Kata Kunci** : *passing*, sepakbola, *small sided games*, *teams games tournaments*

## **ABSTRACT**

### **THE EFFECT OF SMALL SIDED GAMES AND TEAMS GAMES TOURNAMENTS LEARNING MODELS TO PASSING TO ACCURACY IN FOOTBALL AT SMA N 1 KIBANG**

**By**

**FERDI FIRMANSYAH**

*This study aims to determine the effect of small sided games and teams games tournaments learning model on the accuracy of passing in the football at SMA N 1 Kibang.*

*The type of research used is quantitative with experimental methods. The population is 224 students and the sample technique uses a random sampling technique with a sample of 60 male students. The data collection technique used is the test and measurement technique based on the results of the passing accuracy test. Analysis of research data using t-test analysis.*

*The results showed that 1) There was a significant effect of the small sided games learning model on the accuracy of passing ( $t \text{ count} = 15.303 > t \text{ table} = 2.045$ ). 2) There is a significant effect of the team game tournament learning model on the accuracy of passing ( $t \text{ count} = 15.272 > t \text{ table} = 2.045$ ). 3) There is no significant difference between the learning model of small sided games and team game tournament on the accuracy of passing ( $t \text{ count} 1.104 < t \text{ table} 2.002$ ). Judging from the average final test of passing accuracy, the average for the small sided games group is 9.60 and the teams games tournaments group is 8.93, so it can be concluded that the small sided games learning model is better in improving the accuracy of football passing in SMA N 1 Kibang compared to the learning model of teams games tournaments.*

**Keywords:** *football, passing, small sided games, teams games tournaments*