

ABSTRAK

HUBUNGAN *SOCIAL PROBLEM SOLVING* DENGAN *PSYCHOLOGICAL WELL BEING* PADA MAHASISWA JURUSAN ILMU PENDIDIKAN UNIVERSITAS LAMPUNG TA 2021/2022

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Permasalahan dalam penelitian ini adalah *psychological well being* mahasiswa rendah. Penelitian ini bertujuan untuk mengetahui apakah ada hubungan antara *social problem solving* dan *psychological well being* pada mahasiswa jurusan Ilmu Pendidikan Universitas Lampung tahun akademik 2021/2022. Penelitian ini merupakan penelitian kuantitatif korelasional. Teknik pengumpulan data dalam penelitian ini menggunakan skala *social problem solving* dan skala *psychological well being*. Subjek penelitian ini ada 195 mahasiswa jurusan Ilmu Pendidikan Universitas Lampung yang diambil secara acak dengan teknik *simple random sampling*. Teknik analisis data menggunakan analisis *product moment correlation*. Hasil analisis data diperoleh nilai korelasi sebesar $0,456 > 0,138$ dan signifikansi sebesar $0,00 < 0,05$. Kesimpulan penelitian menunjukkan bahwa terdapat hubungan yang signifikan dengan arah yang positif antara *social problem solving* dan *psychological well being*, hal ini berarti semakin baik *social problem solving* yang dimiliki mahasiswa maka semakin baik pula *psychological well being*-nya.

Kata kunci: *social problem solving*, *psychological well being*, mahasiswa

ABSTRACT

THE RELATIONSHIP BETWEEN SOCIAL PROBLEM SOLVING AND PSYCHOLOGICAL WELL-BEING IN STUDENTS OF THE DEPARTMENT OF EDUCATION, UNIVERSITY OF LAMPUNG FY 2021/2022

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The problem in this study is the low psychological well-being of students. This study aims to determine whether there is a relationship between social problem solving and psychological well being in students majoring in Education, University of Lampung for the 2021/2022 academic year. This research is quantitative correlational. Data collection techniques in this study used social problem solving scales and psychological well being scales. The subjects of this study were 195 students majoring in Education, University of Lampung who were randomly taken with a simple random sampling technique. Data analysis techniques use product moment correlation analysis. The results of data analysis obtained a correlation value of $0.456 > 0.138$ and a significance of $0.00 < 0.05$. The conclusion of the study shows that there is a significant relationship with a positive direction between social problem solving and psychological well being, this means that the better the social problem solving students have, the better the psychological well being.

Keywords: social problem solving, psychological well being, college student