

ABSTRAK

HUBUNGAN ANTARA *SELF ESTEEM* DENGAN KECENDERUNGAN PERILAKU *BULLYING* SISWA DI SMA NEGERI 6 BANDAR LAMPUNG

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Masalah dalam penelitian ini adalah kecenderungan perilaku *bullying* siswa yang tinggi. Penelitian ini bertujuan untuk mengetahui hubungan antara *self esteem* dengan kecenderungan perilaku *bullying* siswa di SMA Negeri 6 Bandar Lampung tahun ajaran 2022/2023. Penelitian menggunakan metode kuantitatif. Populasi sebanyak 642 siswa dan sampel berjumlah 130 siswa diambil menggunakan teknik *simple random sampling*. Teknik pengumpulan data menggunakan kuesioner *self esteem* dan kuesioner kecenderungan perilaku *bullying*. Teknik analisis data menggunakan analisis statistik *Product Moment*. Hasil penelitian menunjukkan terdapat hubungan yang signifikan berarah negatif antara *self esteem* dengan kecenderungan perilaku *bullying* ditunjukkan dengan indeks korelasi *r*hitung -0,426 dan *r*tabel 0,176 dengan signifikansi sebesar $0,000 < 0,05$ maka H_0 ditolak dan H_a diterima. Kesimpulannya dapat diartikan bahwa semakin tinggi *self esteem* maka semakin rendah kecenderungan perilaku *bullying*. Sebaliknya, semakin rendah *self esteem* maka semakin tinggi kecenderungan perilaku *bullying*.

Kata Kunci: *self esteem*, perilaku *bullying*, bimbingan konseling

ABSTRACT

THE RELATIONSHIP BETWEEN SELF ESTEEM AND THE TENDENCY OF BULLYING BEHAVIOR OF STUDENTS AT SMA NEGERI 6 BANDAR LAMPUNG FOR THE 2022/2023 SCHOOL YEAR

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The problem in this research was the high tendency of bullying behavior of students. This study aims to determine the relationship between self-esteem and the tendency of bullying behavior of students at SMA Negeri 6 Bandar Lampung for the 2022/2023 school year. The study used quantitative methods. The population was 642 students and a sample of 130 students was taken using a simple random sampling technique. Data collection techniques used self-esteem questionnaires and bullying behavior tendency questionnaires. Data analysis techniques use Product Moment statistical analysis. The results showed that there was a significant negative relationship between self-esteem and the tendency of bullying behavior shown by a correlation index r count -0.426 and rtable 0.176 with a significance of $0.000 < 0.05$ then H_0 was rejected and H_a was accepted. The conclusion can be interpreted that the higher the self-esteem, the lower the tendency of bullying behavior. Conversely, the lower the self-esteem, the higher the tendency of bullying behavior.

Keywords: self esteem, bullying behavior, guidance counseling