

ABSTRAK

PENGARUH *SELF MANAGEMENT* TERHADAP SIKAP KEDISIPLINAN MAHASISWA JURUSAN PENDIDIKAN ILMU PENGETAHUAN SOSIAL FKIP UNIVERSITAS LAMPUNG

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Self management merupakan keterampilan penting yang berperan signifikan dalam membentuk sikap kedisiplinan mahasiswa. Dalam konteks perguruan tinggi kemampuan individu untuk mengelola waktu, emosi dan mengembangkan sumber daya pribadi sangat mempengaruhi cara mereka menjalani aktivitas akademik dan non akademik. Penelitian ini bertujuan untuk mengetahui dan menganalisis bagaimana Pengaruh *Self Management* Terhadap Sikap Kedisiplinan Mahasiswa Jurusan Pendidikan Ilmu Pengetahuan Sosial FKIP Universitas Lampung. Metode penelitian yang digunakan dalam penelitian ini adalah metode deskriptif dengan pendekatan kuantitatif. Subjek penelitian ini yakni mahasiswa Jurusan Pendidikan Ilmu Pengetahuan Sosial FKIP Universitas Lampung angkatan 2021 dan 2022. Sampel dalam penelitian ini berjumlah 81 responden. Teknik pengumpulan data dalam penelitian ini menggunakan teknik angket dan wawancara. Teknik analisis data pada penelitian ini yakni menggunakan uji regresi sederhana. Berdasarkan hasil penelitian yang dilakukan menunjukkan bahwa *Self Management* berpengaruh positif terhadap 49,2% terhadap Sikap Kedisiplinan mahasiswa. Hasil yang didapat menunjukkan adanya pengaruh *self management* terhadap sikap kedisiplinan mahasiswa Jurusan Pendidikan Ilmu Pengetahuan Sosial FKIP Universitas Lampung. Namun terdapat pengaruh lain yang mempengaruhi sikap kedisiplinan mahasiswa, sebesar 50,8% yang meliputi, motivasi diri, karakteristik individu, dan lingkungan sosial mahasiswa. Berdasarkan hasil penelitian diketahui bahwasanya *self management* dapat membentuk sikap kedisiplinan Jurusan Pendidikan Ilmu Pengetahuan Sosial FKIP Universitas Lampung.

Kata Kunci: Self Management, Sikap Kedisiplinan, Mahasiswa

ABSTRACT

THE INFLUENCE OF SELF MANAGEMENT ON THE DISCIPLINE ATTITUDES OF STUDENTS DEPARTMENT OF SOCIAL SCIENCES EDUCATION FKIP LAMPUNG UNIVERSITY

By

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Self management is an important skill that plays a significant role in forming students' disciplinary attitudes. In the context of higher education, an individual's ability to manage time, emotions and develop personal resources greatly influences the way they carry out academic and non-academic activities. This research aims to find out and analyze how the influence Self Management Regarding the Disciplinary Attitude of Students of the Social Sciences Education Department, FKIP, University of Lampung. The research method used in this research is a descriptive method with a quantitative approach. The subjects of this research were students from the Department of Social Sciences Education, FKIP, University of Lampung, class of 2021 and 2022. The sample in this research consisted of 81 respondents. Data collection techniques in this research used questionnaires and interviews. The data analysis technique in this research uses a simple regression. Based on the results of the research conducted, it shows that Self Management has a positive effect on 49.2% of student discipline attitudes. The results obtained show that there is an influence self management towards the disciplinary attitudes of students at the Department of Social Sciences Education, FKIP, University of Lampung. However, there are other influences that influence students' disciplinary attitudes, amounting to 50.8%, which include self-motivation, individual characteristics and the student's social environment. Based on the research results, it is known that self management can form a disciplinary attitude in the Department of Social Sciences Education, FKIP, University of Lampung.

Keywords: Self Management, Disciplinary Attitude, Students