

## **ABSTRAK**

### **PENGARUH PENGGUNAAN METRONOME VISUAL DALAM MENINGKATKAN KETEPATAN GERAK MENARI SISWA TUNARUNGU DI SLBN PKK PROVINSI LAMPUNG**

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Penelitian ini bertujuan untuk menganalisis pengaruh penggunaan metronome visual sebagai media pembelajaran dalam meningkatkan ketepatan gerak menari siswa tunarungu. Objek penelitian ini berfokus pada pengaruh penggunaan metronome visual. Subjek penelitian ini adalah siswa tunarungu yang ada di SLBN PKK Provinsi Lampung. Penelitian ini dilakukan dengan pendekatan kuantitatif menggunakan metode eksperimen. Data dikumpulkan melalui uji praktik, adapun uji tes praktik meliputi *pretest* dan *posttest*. Pengolahan data kuantitatif menggunakan jenis eksperimen *One-Group-Pretest-Posttest Design*. Data dianalisis menggunakan teknik statistik deskriptif dengan menghitung nilai rata-rata (*Mean*). Hasil penelitian mengindikasikan adanya perbedaan rata-rata antara nilai *pretest* dan nilai *posttest*. Perbedaan nilai rata-rata *pretest* dan *posttest* tersebut sebesar 0,12% sehingga terdapat perbedaan antara nilai *pretest* dan nilai *posttest*. Perbedaan tersebut dapat diamati melalui nilai signifikansi sebesar 0.000. Berdasarkan hasil tersebut dapat disimpulkan bahwa nilai sig yang dimiliki 0.000 memiliki arti bahwa hipotesis alternatif ( $H_a$ ) diterima dan hipotesis nol ( $H_0$ ) ditolak. Keputusan ini berdasarkan keputusan uji Wilcoxon Signed Test yang menyatakan bahwa jika nilai sig.  $<0.05$  maka terdapat perbedaan rata-rata. Sehingga dapat diambil kesimpulan bahwa terdapat pengaruh dalam penggunaan metronome terhadap peningkatan ketepatan gerak menari siswa tunarungu di SLBN PKK Provinsi Lampung.

**Kata kunci:** metronome visual, ketepatan gerak menari, siswa tunarungu

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### **THE EFFECT OF USING A VISUAL METRONOME IN IMPROVING THE ACCURACY OF DEAF STUDENTS' DANCING MOVEMENTS AT SLBN PKK LAMPUNG PROVINCE**

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The purpose of this research is to know the effect of using a visual metronome as a learning tool in improving the accuracy of deaf students' dancing movements. The object of this research is the effect of using a visual metronome in improving the accuracy of deaf students' dancing movements at SLBN PKK Lampung Province. The subject of this research was deaf students at SLBN PPK Lampung Province. This research applied a quantitative approach using the experimental research type which was aimed to search the influence of a treatment on what is studied under controlled conditions. The data was collected by practical tests which were pre-test and post-test. Quantitative data was processed with an experimental type One-Group-Pretest-Posttest Design. The data were analyzed using descriptive statics technique by calculating the average (Mean). The result showed that there were different averages between pre-test score and post-test score, the difference in average scores of the pre-test and post-test was 0.12%. Based on the result, there was a significant difference between the scores of the pre-test and post-test. It was shown that the significant value was 0.000. Based on the result, it can be concluded that the significant value was 0.000 meant that the alternative hypothesis ( $H_a$ ) was accepted and the null hypothesis ( $H_0$ ) was rejected. This decision was based on the Wilxocon Signed Test that stated if the sig. value  $<0.05$  means there was a different average. In conclusion, there was an effect of using metronome in improving the accuracy of deaf students' dancing movements in SLBN PKK of Lampung Province.

**Keywords:** visual metronome, accuracy dance movements, deaf students