

ABSTRAK

PENGEMBANGAN MODEL LATIHAN *DRIBBLING* BERVARIASI PADA SISWA EKSTRAKURIKULER FUTSAL SMP NEGERI 1 PAGELARAN KABUPATEN PRINGSEWU

OLEH

BIMA BAGUS SAPUTRA

Tujuan yang ingin dicapai pada penelitian dan pengembangan ini adalah untuk menghasilkan produk model latihan dribbling futsal. Subyek dalam penelitian ini adalah siswa SMP yang mengikuti ekstrakurikuler futsal. Penelitian ini menggunakan model penelitian dan pengembangan (*Research and Development*) dari Borg dan Gall (1983:775) yang terdiri dari sepuluh langkah dalam penelitian, antara lain: (1) *Research and information collecting* (2) *Planning* (3) *Development of the preliminary form of product* (4) *Preliminary field testing* (5) *Main product revision* (6) *Main field test*. (7) *Operational product revision* (8) *Operational field testing* (9) *Final produk* (10) *Dissemination and implementation*. Berdasarkan dari hasil penilaian yang diberikan oleh ahli futsal, pembelajaran, bahasa dan media dengan kuesioner didapatkan nilai dari ahli futsal adalah 88,57%, ahli pembelajaran 94%, ahli bahasa 85,71 %, dan ahli media 82,85% . Hasil perhitungan rata-rata dari ke empat ahli adalah sebesar 87,78%, sehingga model latihan ini dinyatakan valid dan layak untuk digunakan.

Kata Kunci : futsal, media, *dribbling*, *Research and Development*,

ABSTRACT

DEVELOPMENT OF A VARIED DRIBBLING TRAINING MODEL FOR EXTRACURRICULAR FUTSAL STUDENTS OF JUNIOR HIGH SCHOOL 1 PAGELARAN DISTRICT OF PRINGSEWU

By

BIMA BAGUS SAPUTRA

The goal to be achieved in this research and development is to produce a futsal dribbling training model product. The subject in study were junior high school student who participated in the futsal extracurricular activities. This study uses a research and development model (Research and Development) from Borg and Gall (1983:775) which consist of ten steps in the study, including: (1) Research and information collecting (2) Planning (3) Development of the preliminary from of product (4) Preliminary field testing (5) Main product revision (6) Main field test. (7) Operational product revision (8) Operational field testing (9) Final produk (10) Dissemination and implementation. Based on the result of the assessment given by futsal, learning, language and media expert with a questionnaire, the value obtained from the futsal expert was 88,57%, the learning expert 94% the language expert 85,71% and the media expert was 88,85%. The average calculation result from the four expert was 87,78%, this training model was declared valid and suitable for use.

Keywords : *futsal, dribbling, media,, Research and Development,*