

ABSTRAK

PENGUNAAN BIMBINGAN KELOMPOK TEKNIK *BEHAVIOR CONTRACT* DALAM MENGURANGI KEINGINAN MEMBOLOS PADA SISWA KELAS VIII SMP PGRI 12 KOTA BOGOR

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Masalah pada penelitian ini adalah terdapat siswa yang membolos. Tujuan penelitian ini untuk mengetahui pengaruh penggunaan bimbingan kelompok teknik *behavior contract* dalam mengurangi keinginan membolos siswa kelas VIII SMP PGRI 12 Bogor. Penelitian ini menggunakan pendekatan kuantitatif dengan desain *pre-eksperimental* yaitu *one-group pre-test* dan *post-test design*. Subjek penelitian ini adalah 8 siswa yang memiliki nilai absensi kurang dari 50% kehadiran di sekolah. Teknik pengumpulan data yang digunakan adalah skala perilaku membolos. Berdasarkan hasil analisis data menggunakan uji *paired samples t-test*, diperoleh nilai signifikansi $p=0,002<0,05$ sehingga H_0 ditolak dan H_1 diterima. Dapat disimpulkan bahwa penggunaan bimbingan kelompok teknik *behavior contract* efektif digunakan untuk mengurangi keinginan perilaku membolos siswa kelas VIII SMP PGRI 12 Bogor.

Kata kunci: keinginan membolos, konseling kelompok *behavior contract*

ABSTRACT

THE USE OF BEHAVIOR CONTRACT GROUP GUIDANCE IN REDUCING THE TENDENCY OF TRUANCY BEHAVIOR IN EIGHTH GRADE STUDENTS AT SMP PGRI 12 IN BOGOR CITY

By

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The problem in this study is the presence of students who skip classes. The purpose of this research is to determine the effect of using group counseling with the behavior contract technique in reducing the tendency to skip classes among eighth-grade students at SMP PGRI 12 Bogor. This study used a quantitative approach with a pre-experimental design, specifically a one-group pre-test and post-test design. The subjects of this research were 8 students whose attendance rate was below 50% at school. The data collection technique used was a truancy behavior scale. Based on the results of data analysis using the paired samples t-test, a significance value of $p = 0.002 < 0.05$ was obtained, indicating that H_0 is rejected and H_1 is accepted. It can be concluded that the use of group counseling with the behavior contract technique is effective in reducing the students' tendency to skip classes among eighth-grade students at SMP PGRI 12 Bogor.

Keywords: *truancy, group counseling, behavior contract*