ABSTRACT

INCORPORATING SUGGESTOPEDIA IN PROBLEM BASED LEARNING (PBL) TO IMPROVE STUDENTS' SPEAKING ACHIEVEMENT IN DELIVERING RECOUNT TEXT

By:
Fuad Durrotunnisa'

This study aims to investigate the effectiveness of incorporating the Suggestopedia into the Problem-Based Learning (PBL) model to improve students' speaking skills, particularly in delivering recount texts. Employing a quantitative approach with a quasi-experimental design, the study involved two groups of 10th-grade students at MAN 1 Bandar Lampung: an experimental group taught using Suggestopedia-based PBL and a control group taught using conventional PBL. Data were collected through speaking pretests and posttests, as well as student perception questionnaires. The results revealed a statistically significant difference in speaking improvement between the two groups. The experimental group showed a greater average score increase (14.94 points) compared to the control group (8.84 points). An independent samples t-test confirmed the significance of this difference ($p = 0.000 < 0.05$), indicating that the integration of Suggestopedia into PBL was more effective. In terms of speaking aspects, the control group showed the highest practical improvement in pronunciation and fluency, while the experimental group showed the greatest improvement in comprehension, with the highest effect size (Cohen's $d = 0.322$). Furthermore, the questionnaire results indicated positive student perceptions of the Suggestopedia-modified PBL learning model. All five measured variables—awareness, past experience, knowledge, motivation, and social interaction—had average scores above 23 on a 30-point scale. These findings suggest that a learning approach combining cognitive and affective elements, such as Suggestopedia, fosters a supportive, enjoyable, and motivating environment that reduces students' anxiety in speaking English. Therefore, this integrated method is not only effective in enhancing learning outcomes but also well-received by students, making it a valuable alternative for EFL speaking instruction.

Keywords: *Suggestopedia, Problem-Based Learning, speaking skills, student perception, recount text, English language learning*