

ABSTRAK

PENGARUH MINAT BELAJAR DAN STRESS AKADEMIK TERHADAP MOTIVASI BERPRESTASI SISWA KELAS III DI SMA YP UNILA BANDAR LAMPUNG

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Prestasi akademik siswa kelas III SMA menjadi perhatian penting karena merupakan tahap akhir jenjang pendidikan menengah dan menjadi penentu langkah selanjutnya, seperti melanjutkan studi ke perguruan tinggi. Siswa kelas III SMA berada pada fase penting dalam penentuan masa depan mereka. Pada fase ini, mereka dihadapkan dengan berbagai tuntutan akademik yang tinggi, seperti persiapan ujian nasional, ujian masuk perguruan tinggi dan sebagainya. Tuntutan akademik yang tinggi tersebut dapat menimbulkan minat belajar dan stres akademik bagi siswa. Beberapa faktor internal dan eksternal yang dapat mempengaruhi motivasi berprestasi antara lain adalah minat belajar dan stress akademik. Penelitian ini bertujuan untuk menganalisis pengaruh minat belajar dan stress akademik terhadap motivasi berprestasi siswa kelas III di SMA YP UNILA Bandar Lampung secara parsial dan simultan. Jenis penelitian ini adalah penelitian kuantitatif. Populasi penelitian sebanyak 400 dan sampel 100 responden dengan *stratified proporsional random sampling*. Teknik pengumpulan data dengan menggunakan kuesioner. Analisis data dengan regresi liner berganda. Pengujian hipotesis menggunakan uji T dan uji F. Hasil penelitian menunjukkan bahwa dengan uji asumsi klasik, data berdistribusi normal, tidak terjadi heteroskedastisitas dan multikolinearitas antar variabel bebas. Berdasarkan uji F, variabel penelitian yang digunakan layak sebagai model penelitian. Hasil pengujian hipotesis, secara parsial dan simultan minat belajar dan stress akademik berpengaruh positif dan signifikan terhadap motivasi berprestasi siswa kelas III di SMA YP UNILA Bandar Lampung.

Kata kunci: Minat Belajar, Stres Akademik, Motivasi Berprestasi

ABSTRACT

THE EFFECT OF LEARNING INTEREST AND ACADEMIC STRESS ON THE ACHIEVEMENT MOTIVATION OF THIRD-YEAR STUDENTS AT YP UNILA HIGH SCHOOL BANDAR LAMPUNG

By

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The academic achievement of third-year high school students is an important concern because it is the final stage of secondary education and determines their next steps, such as continuing their studies at university. Third-year high school students are an important stage in determining their future. At this stage, they face various high academic demands, such as preparation for national exams, university entrance exams, and so on. These high academic demands can cause learning interest and academic stress for students. Several internal and external factors that can affect achievement motivation include learning interest and academic stress. This study aims to analyze the influence of learning interest and academic stress on the achievement motivation of third-year students at SMA YP UNILA Bandar Lampung partially and simultaneously. This research is quantitative in nature. The research population consisted of 400 respondents, and the sample consisted of 100 respondents using stratified proportional random sampling. Data collection techniques used questionnaires. Data analysis used multiple linear regression. Hypothesis testing used t-tests and F-tests. The results of the study indicate that based on classical assumption tests, the data are normally distributed, and there is no heteroscedasticity or multicollinearity among the independent variables. Based on the F test, the research variables used are suitable as a research model. The results of hypothesis testing, partially and simultaneously, show that learning interest and academic stress have a positive and significant effect on the achievement motivation of third-year students at YP UNILA High School in Bandar Lampung.

Keywords: *Learning Interest, Academic Stress, Achievement Motivation*