ABSTRACT

THE CORRELATION OF THE SMOKING BAN IN WORKPLACE AND SMOKING CESSATION STAGE AGAINST SMOKING INTENSITY ON THE HEAD OF THE FAMILY IN RT 1, RT 2, RT 4, RT 6, RT 7, RT 11, RT 12 AND RT 13 LABUHAN RATU RAYA DISTRICT BANDAR LAMPUNG CITY 2012

By

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The prevalence of smokers is increasing from time to time. Smoking has become a widespread cause of death because it contains more than 4000 with 200 elements addictive substances that are harmful to the body. Stop smoking intentions should be based on stronger than in yourself. The purpose of this research is to know the relation of smoking bans in the workplace and smoking cessation stage against smoking intensity.

This research was deskriptif analytic, by approach cros sectional used proportional random sampling as many as n = 189 samples to heads of families in RT 1, RT 2, RT 4, RT 6, RT 7, RT 11, RT 12, and RT 13 Labuhan Ratu Raya District Bandar Lampung city. Smoking ban in workplace, intensity smoking and smoking cessation stages identified with method interview and a questionnaire.

The results showed that of the 189 respondents obtained 109 respondents (57,7%) there didn’t smoking ban in the workplace, 63 respondets (33,3%) had mild intensity of smoking, 89 respondents (47,1%) had moderate intensity of smoking,
37 respondents (19.6%) had heavy intensity of smoking, and 70 respondents (37%) were in stage kontemplation. Based on data analysis using chi square with $\alpha=0.05$ was found that there was no correlation between the smoking ban in the workplace against smoking intensity with $p$ value $= 0.214$ but there is a correlation between the smoking cessation stages on the intensity of smoking with $p$ value $= 0.001$.

**Keywords**: smoking ban, smoking cessation, smoking intensity.