ABSTRACT

RELATIONSHIP BETWEEN THE TYPE OF TREATMENT AND THE ATTITUDE TO THE QUALITY OF LIFE OF PATIENTS WITH TYPE 2 DIABETES IN HOSPITAL DR. H. ABDUL MOELOEK LAMPUNG PROVINCE.

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Complementary and Alternative Medicine (CAM) is growing throughout the world, including Indonesia. This trend is closely related to the more conscious of the side effects of chemicals and to get better treatment for the disease so as to improve the quality of life. In patients with type 2 diabetes mellitus, attitude is a component that can affect the quality of life. This research aims to identify the relationship between the type of treatment and the attitude to the quality of life of patients with type 2 diabetes in hospital Dr. H. Abdul Moelock Lampung province.

This research used cross sectional method with accidental sampling technic and needed 80 respondents. Quality of life was measured by Diabetes Quality of Life Clinical Trial Questionnaire (DQLCTQ). While aspects of the attitudes was
measured by questionnaires that have tested the validity and type of treatment was measured with an open questionnaire. Data analysis that was used in this research is Spearman correlation coefficient and Man Whitney test.

The results of this research showed that there were 30 respondents (37.5%) were using CAM. There is a significant relationship between the type of treatment to quality of life (p value 0.00, α <0.05) with an average value of quality of life using CAM was 71. There is a significant relationship between attitude and quality of life (p value 0.00, α <0.05) with an average value of attitude of the respondents was 13.2.

**Key words**: Complementary and Alternatif Medicine (CAM), Diabetes Melitus type 2, DQLCTQ, quality of life, attitude.